



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Cycling</b> 6:00-7:00am Westcott	<b>Cycling</b> 5:30-6:30am Westcott	<b>*TBC</b> 6:00-7:00am Aure	<b>Cycling</b> 5:30-6:30am Thompson	<b>*TBC</b> 6:00-7:00am Aure	
<b>Cycling</b> 6:30-8:00am Thompson						<b>Cycling</b> 6:30 -7:30am Sinitz
<b>Cycling</b> 8:30-10am Zach		<b>Cycling</b> 8:00-9:00am Sinitz		<b>Cycling</b> 8:00-9:00am Krier		<b>*TBC</b> 8:00-8:45am Mark
<b>YOGA</b> 10:15-11:15am Susan	<b>TBC-AA</b> 9-10:00am Mark	<b>*TBC</b> 9-10:00am Anita	<b>*TBC</b> 9-10:00am Anita	<b>TBC-AA</b> 9-1:000am Mark	<b>Open Cycling</b> 9:00-10:00am	<b>Cycling</b> 8:00 -9:00am Brian
<b>Open Gym</b> 10:00-11:00						<b>TBC</b> 9:00-10:00 am Anita
	<b>Open Cycling</b> 9-2:00pm	<b>Open Cycling</b> 9-2:00pm	<b>Open Cycling</b> 9-2:00pm	<b>Open Cycling</b> 9-2:00pm		<b>Cycling</b> 9:30-10:30am Rebecca
	<b>YOGA</b> 12-1:00pm Susan	<b>LCMA</b> 3:30-9:00pm	<b>YOGA</b> 12-1:00pm Susan	<b>LCMA</b> 3:30-9:0pm		<b>LCMA</b> 10:30-3:00pm
	<b>KB/M Sticks</b> 5:45-6:45pm Ian	<b>YOGA</b> 5:45-6:45pm Susan		<b>YOGA</b> 5:45-6:45 pm Susan		
	<b>Cycling</b> 6:00-7:00pm Kiedrowski	<b>Open Cycling</b> 6:00-7:00pm	<b>Open Cycling</b> 6:00-7:00pm	<b>Cycling</b> 6:00-7:00pm Kiedrowski		