



592 W. North Shore Dr. Hartland, WI. 53029

### Cycling Price Sheet

<b>Full Season</b>	11/2 – 3/28/21	\$500
<b>Full Season + April Hill Focus</b>	11/2 – 4/24/21	\$600
<b>April Hill Focus</b>	3/28 – 4/24/21	\$100
<b>15 Pack</b>	\$15 per visit, includes Cycling, Fitness and Small Group Classes	\$225
<b>PAY Monthly</b>	November – April Cycling	\$115/ Month

### Fitness, Yoga, Kettle Bell/Mobility Sticks - Group Classes

#### Drop In Rates

<b>1 Hour Class</b>	Single Class	\$20
<b>15 Pack</b>	\$15.00/Class	\$225
<b>10 Pack</b>	\$17.50/Class	\$175

### Personal Training & GOLF Conditioning - Coaching

#### One on One

<b>Assessment</b>		\$100
<b>1 Hour Private</b>		\$80
<b>½ Hour</b>		\$55
<b>1 Hour</b>	10 Pack	\$720
<b>1 Hour</b>	5 Pack	\$400

### Massage

<b>½ Hour</b>	Massage	\$55
<b>1 Hour</b>	Massage	\$80
<b>1 ½ Hour</b>	Massage	\$100
<b>1 Hour</b>	Thai Massage	\$65
<b>5 Pack</b>	Thai Massage	\$325

### Nutritional Coaching

<b>1 Hour</b>		\$100
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