



# HARTLAND Movement CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Cycling</b> 6:00-7:00am Brian	<b>Cycling</b> 6:00-7:00am Brian	<b>TBC</b> 6:00-7:00am Aure	<b>Cycling</b> 6:00-7:00am Brian	<b>TBC</b> 6:00-7:00am Aure	
<b>Cycling</b> 7:00-8:30am Brian						<b>Cycling</b> 7:00-8:00am Cheryl
<b>Cycling</b> 9:00-10:00am Susan	<b>Cycling</b> 8:00-9:00am Anita	<b>Cycling</b> 8:00-9:00am Cheryl		<b>Cycling</b> 8:00-9:00am TBD		<b>TBC</b> 8:15-9:00am Mark
<b>STR</b> 10:15-11:15am Susan	<b>TBC</b> 9:00-10:00am Mark	<b>TBC</b> 9:00-10:00am Anita	<b>STR</b> 9:00-10:00am Susan	<b>TBC</b> 9:00-10:00am Mark	<b>STR</b> 9:00-10:00am Susan	<b>Cycling</b> 8:30-10:00am Rebecca
	<b>Open Cycling</b> 9:00am-2:00pm	<b>Open Cycling</b> 9:00am-2:00pm	<b>Open Cycling</b> 9:00am-2:00pm	<b>Open Cycling</b> 9:00am-2:00pm	<b>Open Cycling</b> 9:00-10:00am	<b>LCMA</b> 10am-3:00pm
		<b>LCMA</b> 3:30-9:00pm	<b>LCMA</b> 3:30-9:00pm	<b>LCMA</b> 3:30-9:00pm	<b>LCMA</b> 3:30-9:00pm	
	<b>Cycling</b> 6:00-7:00pm Paul		<b>Cycling</b> 6:00-7:00pm Paul	<b>Cycling</b> 6:00-7:00pm Susan		

Begins 11/1/2021

Last Updated: 9/15/2021