



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cycling 6:00-7:00 Brian	Cycling 6:00-7:00 Brian		Cycling 6:00-7:00 Brian		
Cycling 7:00-8:30 Brian						Cycling 7:00-8:00 Cheryl
Cycling 9:00-10:00 Susan	Cycling 8:00-9:00 Anita	Cycling 8:00-9:00 Cheryl		Cycling 8:00-9:00 TBD		TBC 8:15-9:00 Mark
						Cycling 8:30-10:00 Rebecca
	Open Cycling 9:00-2:00pm	Open Cycling 9:00-2:00pm	Open Cycling 9:00-2:00pm	Open Cycling 9:00-2:00pm	Open Cycling 9-10:00	
	Cycling 6:00-7:00pm Paul		Cycling 6:00-7:00pm Paul	Cycling 6:00-7:00pm Susan		