



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cycling 6:00-7:00 Westcott	Cycling 5:45-6:45 Westcott		Cycling 5:45-6:45 Westcott		
Cycling 7:30-9:00 Thompson						Cycling 7:30-8:30 Sinitz
		Cycling 8:00 – 9:00 am Sinitz		Cycling 8:00-9:00 Witkowski		
	Open Cycling 9:00 am – 2:00 pm	Open Cycling 9:00 am 2:00 pm	Open Cycling 9:00 am – 2:00 pm	Open Cycling 9:00 am – 2:00 pm		
		Cycling 5:45-6:45 Paul		Cycling 5:45-6:45 Paul		