



592 W. North Shore Dr. Hartland, WI. 53029

Cycling Price sheet

Full Season		\$500
Full Season + April Hill Focus		\$600
April Hill Focus		\$100
15 Pack	\$20per visit, includes Cycling AND Fitness Small Group Classes, BIG O	\$300
PAY Monthly	November – April Cycling	\$115 Month

Total Body Conditioning, BIG O- Group Classes

Drop in Rates:	1 Hr class Single Class	\$30
Small Group classes	15 Pack	\$300
	10 Pack	\$220
	5 Pack	\$125

Personal Training & GOLF Conditioning -Coaching

One on One	Assessment	\$100
	1 Hr Private	\$80
	½ Hr	\$55
1 Hr	10 Pack	\$800
1 Hr	5 Pack	\$400.

Massage

Massage	½ Hr	\$55.
	1 Hr	\$80.
	1 ½ Hr	\$100
Thai Massage	1 Hr	\$65.
	5 Pack	\$325