



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Cycling</b> 6:00-7:00 Brian <b>TBC</b> 6:00-7:00 Karen	<b>Cycling</b> 6:00-7:00 Brian	<b>TBC</b> 6:00-7:00 Karen	<b>Cycling</b> 6:00-7:00 Brian	<b>TBC</b> 6:00-7:00 Aure	
<b>Cycling</b> 7:00-8:30 Tom						<b>Cycling</b> 7:30-8:30  Cheryl
		<b>Cycling</b> 8:00-9:00 Cheryl	<b>BIG O</b> 8:00-9:00 Mark	<b>Cycling</b> 8:00-9:00 Karen	<b>BIG O</b> 8:00-9:00 Mark	<b>TBC</b> 8:45-9:45 TBD
	<b>TBC</b> 9:00-10:00 Mark	<b>TBC</b> 9:00-10:00 Karen	<b>BIG O</b> 9:00-10:00 Mark	<b>TBC</b> 9:00-10:00 Mark	<b>BIG O</b> 9:00-10:00 Mark	
	<b>Open Cycling</b> 9:00-2:00pm	<b>Open Cycling</b> 9:00-2:00pm	<b>Open Cycling</b> 9:00-2:00pm	<b>Open Cycling</b> 9:00-2:00pm	<b>Open Cycling</b> 9-10:00	<b>LCMA</b> 10:00-3:00
		<b>LCMA</b> 3:30-9:00	<b>LCMA</b> 3:30-9:00	<b>LCMA</b> 3:30-9:00	<b>LCMA</b> 3:30-9	
		<b>Cycling</b> 6:00-7:00 Susie		<b>Cycling</b> 6:00-7:00 Susie		

Begins  
10/29/2023