



| Sunday                             | Monday   | Tuesday   | Wednesday  | Thursday  | Friday                                 | Saturday                              |
|------------------------------------|--|---|--|---|--|---------------------------------------|
|                                    | <b>Cycling</b><br>6:00-7:00<br>Brian<br><b>TBC</b><br>6:00-7:00<br>Karen | <b>Cycling</b><br>6:00-7:00<br>Brian  | <b>TBC</b><br>6:00-7:00<br>Karen   | <b>Cycling</b><br>6:00-7:00<br>Brian  | <b>TBC</b><br>6:00-7:00<br>Anita       |                                       |
| <b>Cycling</b><br>7:00-8:30<br>Tom |  |   |  |   |  | <b>Cycling</b><br>7:30-8:30<br>Cheryl |
|                                    |  | <b>Cycling</b><br>8:00-9:00<br>Cheryl   | <b>BIG O/OGP</b><br>8:00-9:00<br>Mark  | <b>Cycling</b><br>8:00-9:00<br>Susan  | <b>BIG O/OGP</b><br>8:00-9:00<br>Mark  |                                       |
|                                    | <b>TBC</b><br>9:00-10:00<br>Mark<br><b>Cycling</b><br>9:00-11:00<br>John | <b>TBC</b><br>9:00-10:00<br>Karen   | <b>BIG O/OGP</b><br>9:00-10:00<br>Mark<br><b>Cycling</b><br>9:00-11:00<br>John | <b>TBC</b><br>9:00-10:00<br>Mark  | <b>BIG O/OGP</b><br>9:00-10:00<br>Mark |                                       |
|                                    |  | <b>Open Cycling</b><br>9:00-1:00pm  |  | <b>Open Cycling</b><br>9:00-1:00pm  |  |                                       |
|                                    |  | <b>BIG O/OGP</b><br>11:00-12:00<br>Mark<br><b>BIG O</b><br>11:00-12:00<br>Anita |  | <b>BIG O/OGP</b><br>11:00-12:00<br>Mark<br><b>BIG O</b><br>11:00-12:00<br>Anita |  |                                       |
|                                    | <b>Cycling</b><br>6:00-7:00<br>Pat                                       |   | <b>Cycling</b><br>6:00-7:00<br>Pat   |   |  |                                       |