



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cycling 6:00a-7:00a Brian	Cycling 5:45a-6:45a Brian		Cycling 5:45a-6:45a Brian		
Cycling 7:00a-8:30a Brian						Cycling 7:00a-8:00a Cheryl
Cycling 9:00a-10:00a Susan	Cycling 8:00a-9:00a Anita	Cycling 8:00a-9:00a Cheryl		Cycling 8:00a-9:00a TBD		
						Cycling 8:30a-10:00a Rebecca
	Open Cycling 9:00a-2:00p	Open Cycling 9:00a-2:00p	Open Cycling 9:00a-2:00p	Open Cycling 9:00a-2:00p	Open Cycling 9:00a-10:00a	
	Cycling 6:00p-7:00p Paul		Cycling 6:00p-7:00p Paul	Cycling 6:00p-7:00p Susan		